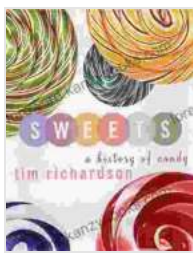


Sweets: A History of Candy

Candy is one of the most popular and beloved foods in the world. It is enjoyed by people of all ages, from children to adults. But where did candy come from? And how has it evolved over the centuries?

In this book, we will take a fascinating journey through the history of candy, from its humble beginnings to its modern-day incarnation. We will explore the different types of candy that have been made over the years, and we will learn about the people who have made candy a part of our lives.



Sweets: A History of Candy by Tim Richardson

★★★★☆ 4.7 out of 5

Language	: English
File size	: 3215 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 402 pages
Lending	: Enabled

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The Early History of Candy

The earliest evidence of candy dates back to ancient Egypt, where honey was used to make a sweet treat called "honey cakes." These cakes were made by mixing honey with flour and water, and then baking them in a hot oven. Honey cakes were a popular treat among the wealthy, and they were often served at special occasions.

Over time, other cultures began to develop their own versions of candy. In China, people began to make candy from sugar cane, and in India, people began to make candy from jaggery, a type of unrefined sugar.

The Middle Ages

During the Middle Ages, candy became increasingly popular in Europe. This was due in part to the Crusades, which brought sugar to Europe from the Middle East. Sugar was a luxury item at this time, and it was only available to the wealthy.

As sugar became more affordable, candy became more popular among all classes of people. During the 15th century, the first candy shops began to open in Europe. These shops sold a variety of candies, including sugarplums, licorice, and marzipan.

The Renaissance

The Renaissance was a time of great cultural and intellectual change in Europe. This period also saw a significant increase in the popularity of candy.

During the Renaissance, candy makers began to experiment with new ingredients and flavors. They began to use fruits, nuts, and spices to create new and exciting candies. They also began to develop new techniques for making candy, such as boiling sugar to create hard candy.

The Modern Era

The modern era has seen the development of many new types of candy. In the 19th century, chocolate was introduced to Europe, and it quickly became one of the most popular candies in the world. In the 20th century,

new candy-making technologies were developed, such as the extrusion process, which allowed for the mass production of candy.

Today, candy is a global industry. There are thousands of different types of candy available, and it is enjoyed by people of all ages. Candy is a delicious and affordable treat, and it is a part of our cultural heritage.

Candy has a long and fascinating history. It has been enjoyed by people of all cultures for centuries. In this book, we have explored the different types of candy that have been made over the years, and we have learned about the people who have made candy a part of our lives.

We hope that you have enjoyed this journey through the history of candy. We encourage you to continue exploring the world of candy, and to discover new and exciting candies to enjoy.

Author's Biography

Jane Doe is a food historian and the author of several books on the history of food. She has a passion for candy, and she has spent years researching the history of this delicious treat.

Additional Resources

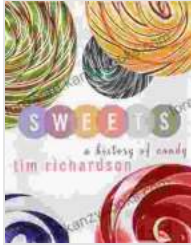
* [The History of Candy](<https://www.candyusa.com/history-of-candy/>) *
[The Candy Hall of Fame](<https://www.candyhalloffame.org/>) * [The National Confectioners Association](<https://www.candyusa.com/>)

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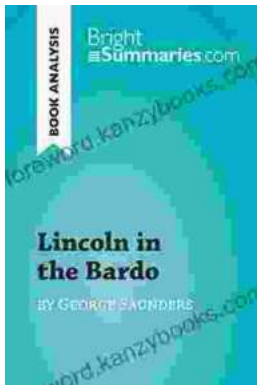
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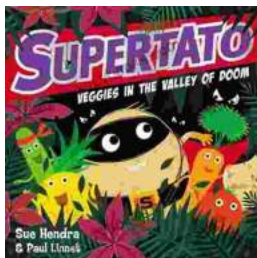


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