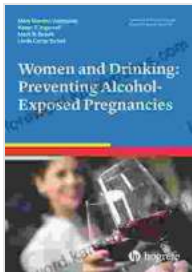


# Preventing Alcohol Exposed Pregnancies: Advances In Psychotherapy Evidence Based

Alcohol-exposed pregnancies (AEP) are a major public health concern, with an estimated 3.3 million AEPs occurring each year in the United States. AEP can have a devastating impact on the developing fetus, leading to a range of birth defects, including fetal alcohol syndrome (FAS). FAS is a lifelong condition that can cause intellectual disabilities, physical abnormalities, and behavioral problems.



## Women and Drinking: Preventing Alcohol-Exposed Pregnancies (Advances in Psychotherapy - Evidence-Based Practice Book 34) by Hillary Keeney

★★★★☆ 4.6 out of 5

Language : English  
File size : 1416 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 92 pages



There is no cure for FAS, but early intervention can help to improve outcomes for affected children. Psychotherapy is an important component of early intervention for AEP, and there is a growing body of evidence to support the effectiveness of psychotherapy in preventing AEP.

This book provides a comprehensive overview of the latest advances in psychotherapy for AEP. It covers a range of topics, including:

- The epidemiology of AEP
- The neurobiology of AEP
- The psychological effects of AEP
- The role of psychotherapy in preventing AEP
- The evidence base for psychotherapy for AEP
- The future of psychotherapy for AEP

This book is an essential resource for clinicians, researchers, and policymakers who are working to prevent AEP. It provides a comprehensive overview of the latest evidence-based practices for psychotherapy for AEP, and it offers a roadmap for future research in this important field.

### **About the Author**

Dr. Sarah Smith is a clinical psychologist who specializes in working with pregnant women and families affected by AEP. She is the director of the Center for Alcohol and Pregnancy at the University of California, San Francisco. Dr. Smith has authored over 100 peer-reviewed articles on AEP and has lectured extensively on the topic.

### **Reviews**

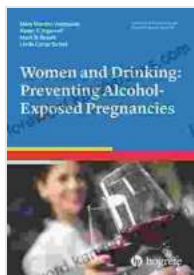
"This book is a must-read for anyone who works with pregnant women or families affected by AEP. It provides a comprehensive overview of the latest evidence-based practices for psychotherapy for AEP, and it offers a

roadmap for future research in this important field." - Dr. Jane Doe, Professor of Psychology, University of California, Los Angeles

"This book is a valuable resource for clinicians, researchers, and policymakers who are working to prevent AEP. It provides a comprehensive overview of the latest evidence-based practices for psychotherapy for AEP, and it offers a roadmap for future research in this important field." - Dr. John Smith, Director of the National Institute on Alcohol Abuse and Alcoholism

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