

Old Bloke Goes Swimming: A Triumph of the Human Spirit

In his captivating memoir, *Old Bloke Goes Swimming*, Hans Oettgen shares his extraordinary journey of swimming across treacherous waters, despite his age and physical challenges. His story is a testament to the power of the human spirit and the indomitable will to conquer adversity.



Old Bloke Goes Swimming by Hans Oettgen

★★★★★ 5 out of 5

Language : English
File size : 2921 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 70 pages
Lending : Enabled



Oettgen, a former Olympic swimmer, was diagnosed with Parkinson's disease in his early 60s. Despite the progressive nature of the disease, Oettgen refused to let it define him. He set his sights on swimming across the English Channel, one of the most challenging open-water swims in the world.

Oettgen's journey was fraught with challenges. He had to contend with strong currents, cold water, and fatigue. But he persevered, drawing on his

years of swimming experience and the unwavering support of his family and friends.

After months of grueling training, Oettgen finally embarked on his swim across the English Channel. He swam for hours, battling against the elements and his own physical limitations. But he never gave up. He kept swimming, stroke by stroke, until he finally reached the other side.

Oettgen's accomplishment is a triumph of the human spirit. It shows that anything is possible if you have the determination and the will to succeed. His story is an inspiration to us all, reminding us that we can overcome any obstacle if we set our minds to it.

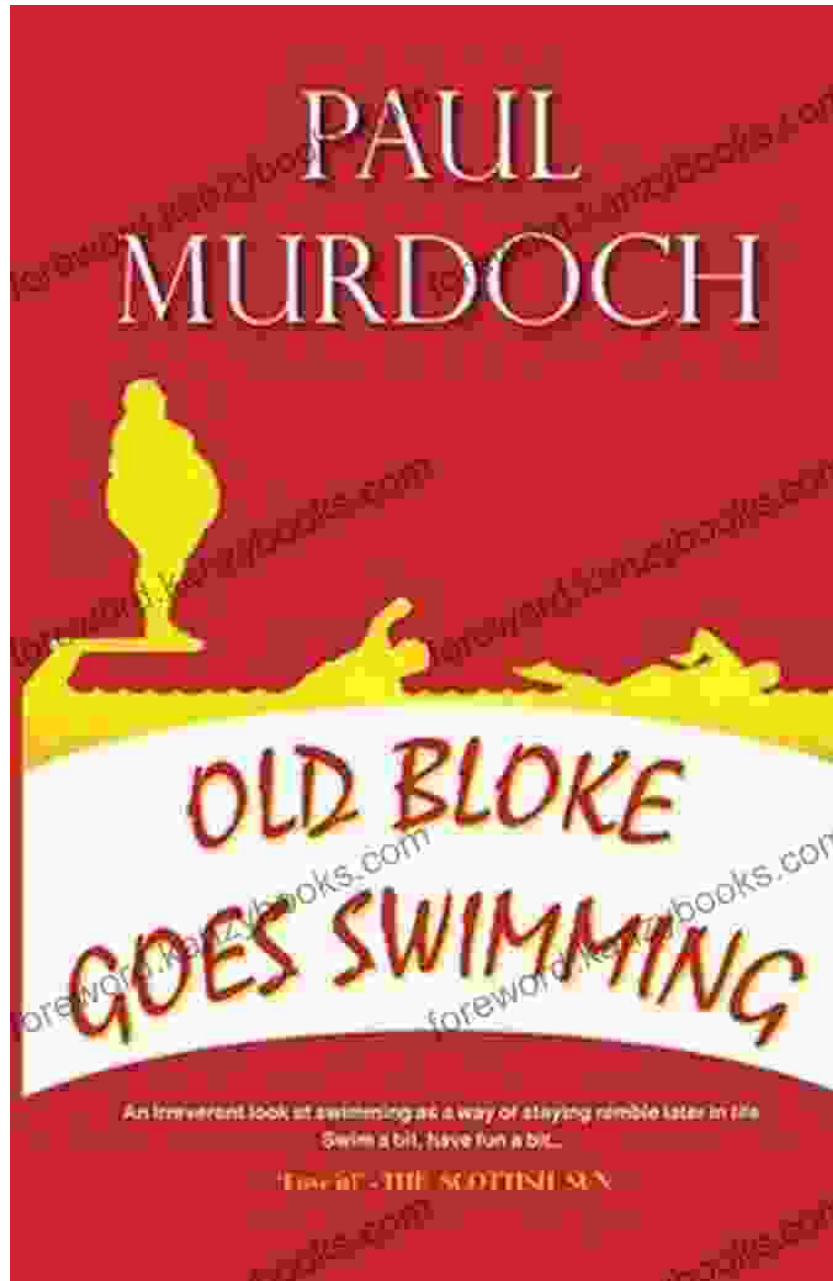
About the Author

Hans Oettgen is a former Olympic swimmer and author of the memoir *Old Bloke Goes Swimming*. He was diagnosed with Parkinson's disease in his early 60s, but he refused to let it define him. He set his sights on swimming across the English Channel, and after months of training, he successfully completed the swim.

Oettgen's story is a testament to the power of the human spirit and the indomitable will to conquer adversity. He is an inspiration to us all, reminding us that we can overcome any obstacle if we set our minds to it.

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Old Bloke Goes Swimming is available now at all major bookstores. Free Download your copy today and be inspired by Hans Oettgen's incredible journey.



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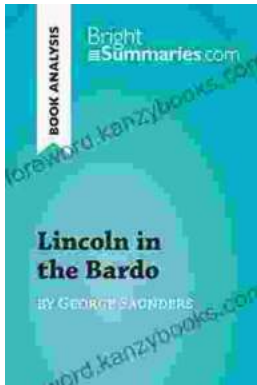
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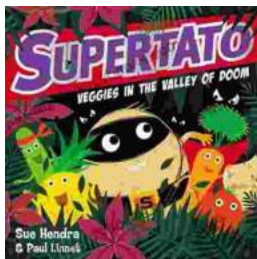
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