

An Afternoon with Self: A Literary and Spiritual Odyssey

In the tapestry of human existence, there are seminal moments that have the power to alter our perceptions and ignite our spiritual journey. 'An Afternoon with Self' emerges as one such transformative work, a literary masterpiece that invites us to embark on an introspective exploration. Through the profound teachings of Puran Singh, a renowned spiritual master and poet, this book unveils a path towards self-discovery and enlightenment.

The Enigmatic Puran Singh

An Afternoon with Self by Puran Singh

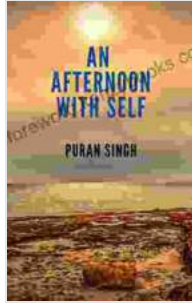
★★★★☆ 4.8 out of 5

Language : English

File size : 583 KB

Text-to-Speech : Enabled

Screen Reader : Supported



Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 12 pages



Born in 1881 in the lush landscapes of Punjab, India, Puran Singh was a multifaceted figure who left an enduring legacy as a poet, writer, and spiritual guide. His life was an embodiment of selfless service, compassion, and an unwavering pursuit of truth. Through his writings, he sought to bridge the chasm between religions and cultures, advocating for the unity of all humankind.

'An Afternoon with Self': A Literary Gem

'An Afternoon with Self' is a collection of essays, poems, and conversations that capture the essence of Puran Singh's teachings. Each page is imbued with wisdom, provoking contemplation and inspiring a profound understanding of our place in the cosmos. The book transcends religious boundaries, offering insights that resonate with seekers of truth from all walks of life.

Key Themes Explored:

- **The Quest for Self-Discovery:** 'An Afternoon with Self' emphasizes the paramount importance of embarking on an inward journey to uncover our true nature. Puran Singh guides us towards

understanding the illusions that obscure our self-awareness and provides practical techniques for self-realization.

- **The Power of Love and Compassion:** Love, in its purest form, emerges as a transformative force in Puran Singh's teachings. He emphasizes the need to cultivate compassion and empathy towards oneself and others, recognizing that true happiness lies in extending love beyond the boundaries of our ego.
- **The Cosmic Connection:** Through intricate poetic verses, Puran Singh unveils the interconnectedness of all things. He reminds us that we are not isolated entities but integral parts of a vast, cosmic whole, inviting us to embrace a profound sense of unity with nature and the divine.
- **The Path of Meditation:** Meditation is central to the teachings of Puran Singh. He offers practical guidance on various meditation techniques, emphasizing their role in purifying the mind, calming the emotions, and accessing higher states of consciousness.

Literary and Poetic Excellence

'An Afternoon with Self' is not merely a philosophical treatise but also a literary masterpiece. Puran Singh's poetic verses overflow with imagery, metaphor, and symbolism, creating a vibrant tapestry that captivates the senses and stirs the soul. His prose is equally evocative, blending lyrical beauty with profound insights.

A Transformative Experience

Engaging with 'An Afternoon with Self' is not just an intellectual exercise but a transformative experience. Through its pages, we are invited to question our assumptions, explore the depths of our being, and embark on a journey towards self-discovery and enlightenment. The book has the potential to ignite a profound shift in our perspectives, bringing about a greater sense of peace, purpose, and inner liberation.

'An Afternoon with Self' is a timeless masterpiece that has touched the lives of countless readers. Its teachings resonate across generations, offering a path towards self-awareness, love, and spiritual awakening. Whether you are a seasoned seeker or a curious soul embarking on your spiritual journey, this book holds the promise of inspiring profound insights and guiding you towards a fulfilling and meaningful life.

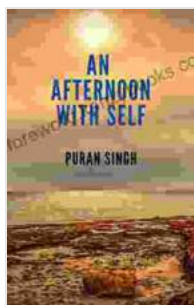
Call to Action

Dive into the depths of 'An Afternoon with Self' today and embark on an extraordinary odyssey of self-discovery. Let the teachings of Puran Singh illuminate your path and ignite the flame of enlightenment within you.

About the Author:

Puran Singh (1881-1931) was a renowned poet, spiritual master, and social reformer. His writings and teachings have inspired generations of seekers and continue to inspire a global audience. 'An Afternoon with Self' is

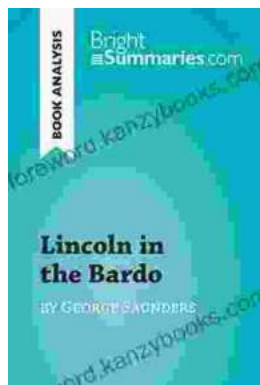
considered one of his most profound works, offering a timeless guide to self-discovery and spiritual awakening.



An Afternoon with Self by Puran Singh

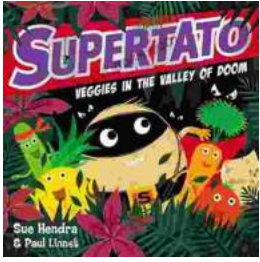
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