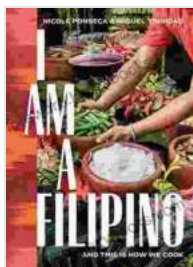


# Am Filipino: A Journey of Identity, Culture, and Belonging



**I Am a Filipino: And This Is How We Cook** by Nicole Ponseca

★★★★☆ 4.7 out of 5

Language : English  
File size : 62026 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
Print length : 448 pages  
Lending : Enabled



In her powerful and moving memoir, *Am Filipino*, Cristina Pantoja Hidalgo explores the complex and often contradictory experiences of being Filipino in America. Through poignant storytelling and insightful reflections, she shares her journey of grappling with her cultural heritage, navigating the expectations of her family and community, and ultimately finding her own path to self-acceptance and empowerment.

Hidalgo's story is both deeply personal and universally relatable. She writes about the challenges of growing up in a Filipino household, where she was expected to conform to traditional gender roles and values. She also explores the complexities of her own identity, as she struggled to reconcile her Filipino heritage with her American upbringing.

Through her experiences, Hidalgo ultimately comes to a profound understanding of the importance of self-acceptance and authenticity. She writes, "I am Filipino, and I am proud of my heritage. But I am also American, and I am proud of the country I call home. I am both, and I am neither. I am unique, and I am not alone."

*Am Filipino* is a must-read for anyone who has ever struggled with their identity or felt like they didn't belong. It is a powerful and inspiring story that will resonate with readers of all backgrounds.

## **About the Author**

Cristina Pantoja Hidalgo is a writer, speaker, and educator. She is the author of several books, including *Am Filipino* and *The History of Filipino Immigration to the United States*. Hidalgo is a passionate advocate for diversity and inclusion, and she has spoken at numerous events on the importance of embracing our differences.

## **Reviews**

"*Am Filipino* is a beautifully written and deeply moving memoir. Cristina Pantoja Hidalgo's story is one that will resonate with readers of all backgrounds. It is a must-read for anyone who has ever struggled with their identity or felt like they didn't belong." —**Junot Díaz, Pulitzer Prize-winning author of *The Brief Wondrous Life of Oscar Wao***

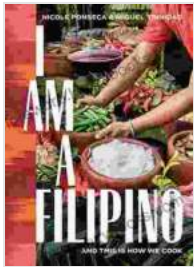
"*Am Filipino* is a powerful and inspiring story that will stay with you long after you finish reading it. Cristina Pantoja Hidalgo is a gifted writer who has a unique perspective on the Filipino American experience. Her book is a valuable contribution to the literature on diversity and inclusion." —**Ilia**

# Calderón, author of *American Fiesta: Cuisine and Community in Los Angeles*

## Free Download Your Copy Today!

*Am Filipino* is available now at your favorite bookstore or online retailer. Free Download your copy today and start reading this powerful and inspiring memoir.

Free Download Now



### **I Am a Filipino: And This Is How We Cook** by Nicole Ponseca

★★★★☆ 4.7 out of 5

- Language : English
- File size : 62026 KB
- Text-to-Speech : Enabled
- Screen Reader : Supported
- Enhanced typesetting : Enabled
- X-Ray : Enabled
- Word Wise : Enabled
- Print length : 448 pages
- Lending : Enabled





## **Lincoln in the Bardo: A Haunting Exploration of Grief and the Afterlife**

An to 'Lincoln in the Bardo' In the realm of literature, 'Lincoln in the Bardo' by George Saunders stands as...



## **Supertato Veggies In The Valley Of Doom: An Epic Adventure for Kids**

Supertato Veggies In The Valley Of Doom is the latest installment in the beloved Supertato series by Sue Hendra and Paul Linnet. This time, Supertato and his veggie friends...